
LOCAL RESOURCES

Find your next step

Practical help in Ocala and Marion County, Florida

Need help? No signup. Call a provider or print this guide for a neighbor. No computer or Connect Card is required to use these phone numbers.

Call first. Eligibility, appointments, fees, funding and space can change. Sources checked October 28-29, 2026; no providers were called and current availability is not confirmed.

Immediate danger or a medical emergency: call 911.

Basic-needs referrals: **211**. Emotional distress or suicidal crisis: [call 988](#) or [text 988](#).

Domestic violence safety: CASA Marion **352-722-2272**. Ask about safety planning and shelter; shelter location is confidential.

Find the help you need

Food and clothing - **page 2**

Food and emergency shelter - **page 3**

Housing - **page 4**

Youth support and benefits - **page 5**

Legal, medical and dental contacts - **page 6**

Dental and uninsured counseling - **page 7**

Recovery, counseling and employment - **page 8**

Veterans and transportation - **page 9**

Women seeking recovery support: His House for Her, **352-547-4817** (page 8).

Sober/supportive housing and outreach; screening and fees apply. Not an emergency domestic-violence shelter or detox placement.

Ask about the right location, eligibility, cost, appointment and transportation before traveling. Help is not conditional on subscribing, donating or joining Bridge Builder.

Faith, hope, and love in action through Christ and kindness.

MARION COUNTY HELP GUIDE

Food and clothing

Call first. Ask about eligibility, cost, documents and the right location.

Interfaith Emergency Services

Food, clothing, showers, case management, shelter and emergency assistance. See the IES counseling and clinic entry for healthcare. Programs have separate intake requirements and locations.

Start here: Call the main office to ask which program and intake location fit your need.

[352-629-8868](tel:352-629-8868) | Call for the correct program location before visiting.

iesmarion.org/contact

Brother's Keeper Emergency Services

Food, clothing and limited utility or medication assistance; other basic-needs help. Assistance requires an in-person application and eligibility documents.

Start here: Call to confirm intake hours and what to bring, then apply in person.

[352-622-3846](tel:352-622-3846) | 320 NW 10th Street, Ocala | Soup kitchen: 352-789-8139

bkocala.org/emergency-services/

Gateway to Hope Ministries

Drive-through food distribution on Saturdays and prepared lunch on Thursdays. Check the published schedule; distribution depends on available food.

Start here: Visit the website for the current schedule before traveling. No phone is verified here.

Use the official website | St. Patrick Episcopal Church, 3803 NE 7th Street, Ocala, FL 34470

gatewaytohopeministries.com/

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MARION COUNTY HELP GUIDE

Food and shelter

Call first. Ask about eligibility, cost, documents and the right location.

Second Harvest Food Bank Food Finder

Find Marion County partner food pantries by ZIP code. Each pantry sets its own hours and requirements. The warehouse is not an individual pickup site.

Start here: Search the Food Finder, then contact the chosen pantry before going.

[407-295-1066](tel:407-295-1066)

feedhopenow.org/find-help/food-finder/

Marion Senior Services

Home-delivered meals and other senior support. Home-delivered meals serve frail, homebound adults age 60 or older. Assessment, fees or a waiting list may apply.

Start here: Call and ask for a Community Resource Specialist.

[352-620-3501](tel:352-620-3501) | 1101 SW 20th Court, Ocala, FL 34471

marionseniorservices.org/nutrition-programs

Salvation Army Ocala Center of Hope

Homelessness services and food assistance. Intake requirements, shelter rules and available space must be confirmed.

Start here: Call about intake and bed availability before going.

[352-732-8326](tel:352-732-8326) | 320 NW 1st Avenue, Ocala, FL 34475

salvationarmyusa.org/fl/ocala/nw-1st-ave/

MARION COUNTY HELP GUIDE

A more stable place to live

Call first. Ask about eligibility, cost, documents and the right location.

Open Arms Village

Housing and support for men, with counseling and recovery support. A drug-free environment and program commitment are required; screening applies.

Start here: Call to ask about the application process and openings. This is not a promised emergency walk-in bed.

[352-304-6229](tel:352-304-6229) | 1839 NE 8th Road, Ocala, FL 34470

openarmsvillageocala.org/

Project Hope

Transitional and supportive housing for women with children. Women with children; screening and program requirements apply.

Start here: Call about eligibility, the application process and current availability.

[352-624-4673](tel:352-624-4673) | 830 NE 28th Street, Unit 201, Ocala

projecthopeocala.org/

Ocala Housing Authority

Subsidized housing programs and housing counseling; not an emergency shelter. Public housing and Housing Choice Voucher waiting lists were closed when checked October 28, 2026.

Start here: Call or check the website for current waiting-list status and counseling options.

[352-369-2636](tel:352-369-2636) | 1629 NW 4th Street, Ocala, FL 34475

ocalahousing.org/

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MARION COUNTY HELP GUIDE

Family support and benefits

Call first. Ask about eligibility, cost, documents and the right location.

Arnette House

24-hour emergency youth shelter; family and youth counseling. Shelter serves ages 10-17. Counseling serves children ages 6-17 and families.

Start here: Call for an assessment and guidance on the right program.

[352-622-6135](tel:352-622-6135) | 2310 NE 24th Street, Ocala, FL 34470

arnettehouse.org/our-services/

Central Florida Community Action Agency

LIHEAP energy assistance, self-sufficiency support and weatherization programs. Income and program eligibility apply; funding is limited.

Start here: Call the Marion office about appointments, required documents and the right program.

[352-732-3008](tel:352-732-3008) | Marion office: 2703 NE 14th Street, Ocala, FL 34470

cfcaa.org/contact-us/

Florida DCF MyACCESS

Apply for SNAP, Temporary Cash Assistance or Medicaid, or check benefit status. Each public-assistance program has its own eligibility rules.

Start here: Use the official public-assistance page to reach MyACCESS, or call for help.

[850-300-4323](tel:850-300-4323)

myflfamilies.com/services/public-assistance

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MARION COUNTY HELP GUIDE

Legal and health support

Call first. Ask about eligibility, cost, documents and the right location.

Community Legal Services

Civil legal aid, including housing and public-benefits issues. Income, case type and other screening rules apply. Representation is not guaranteed.

Start here: Call the helpline or use the online prescreen. The Ocala office is by appointment.

[800-405-1417](tel:800-405-1417) | Ocala office: 1610 SE 36th Avenue, Ocala, FL 34471 | Ocala office:
352-629-0105

legalaccessforall.org/contact-us/

Heart of Florida Health Center

Primary medical, dental, behavioral health and other health services at multiple locations. Serves insured and uninsured patients; sliding-fee eligibility is assessed.

Start here: Call for an appointment and the correct location for your service.

[352-732-6599](tel:352-732-6599) | Main: 2553 E Silver Springs Boulevard, Ocala, FL 34470

myhfhc.org/contact-us-locations/

FreeD.O.M. Clinic USA

Mobile free dental, optical and medical services. For uninsured or underinsured Marion County residents; screening applies.

Start here: Call or submit the website's Get Started form for screening and the next service location. Not a daily walk-in clinic.

[352-421-5510](tel:352-421-5510) | Office: 1056 SW 1st Avenue, Ocala, FL 34471

freedomclinicusa.org/

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MARION COUNTY HELP GUIDE

Dental and counseling

Call first. Ask about eligibility, cost, documents and the right location.

La Guadalupana Medical and Dental Clinic

Medical care and basic dental care when available. Uninsured Marion residents with income at or below 300% of the federal poverty level. Some labs or procedures may cost extra.

Start here: Call and leave a message for eligibility screening and an appointment; ask about dental availability.

[352-509-6996](tel:352-509-6996) | 11185 West Highway 40, Ocala, FL 34482

cflcc.org/css/la-guadalupana-medical-dental-clinic/

Florida Department of Health Marion Dental

Dental services for children and adults. Ask about Medicaid, uninsured sliding-fee eligibility and accepted coverage.

Start here: Call before traveling: the clinic is moving from Belleview. The posted new Ocala location is planned for November 2, 2026.

Location notice: A move to Ocala is posted for November 2, 2026; the official page still includes an older Belleview listing. Call before traveling.

[352-622-2664](tel:352-622-2664)

marion.floridahealth.gov/programs-and-services/clinical-and-nutrition-services/dental-clinic/

Interfaith Emergency Services Counseling & Clinics

Free mental-health counseling for uninsured clients, subject to therapist capacity. IES also connects clients to free medical, dental and vision services through clinic partners.

Counseling and clinic access depend on eligibility, appointments, staffing and availability.

Start here: For counseling or Hope Clinic medical appointments, call IES. For FreeD.O.M. dental or vision scheduling, use freedomclinicusa.org. Ask for current dates and location; do not assume a monthly walk-in schedule.

[352-629-8868](tel:352-629-8868) | Center for Life: 108 N Pine Avenue, Ocala. Confirm your service location first.

iesmarion.org/ourprograms

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Recovery and a path to work

Call first. Ask about eligibility, cost, documents and the right location.

His House for Her

Christian sober/supportive housing for adult women in recovery, plus community outreach classes, recovery groups and support. Residential screening and fees apply. Outreach is available to nonresidents; books may cost extra. Some support requires active class or group participation.

Start here: Call about admission, current fees, openings or outreach. This is a recovery program, not a guaranteed emergency shelter or detox placement. For immediate domestic-violence safety help, use CASA above.

[352-547-4817](tel:352-547-4817) | info@hishouseforher.org

hishouseforher.org/services/

Meridian Healthcare

Mental-health and substance-use therapy, assessment and counseling, including telehealth. Telehealth is for Florida residents and requires Florida-issued identification. Ask about intake, fees and coverage.

Start here: Call to ask which service and location fit your needs.

[352-374-5600](tel:352-374-5600)

mbhci.org/services-meridian/telehealth/

CareerSource Citrus Levy Marion

Job-search computers, resume help, workshops and training information. Ask which services fit your situation; a referral is not a job offer.

Start here: Call the Marion career center to plan your first visit.

[352-840-5700](tel:352-840-5700) | 2703 NE 14th Street, Ocala

careersourceclm.com/locations/marion

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Veterans and transportation

Call first. Ask about eligibility, cost, documents and the right location.

Marion County Veterans Services

Help applying for VA benefits, including health care, education, pensions and compensation. Eligibility depends on the benefit; this office helps explain the process.

Start here: Call for an appointment and confirm the current office location.

[352-671-8422](tel:352-671-8422)

marionfl.org/agencies-departments/departments-facilities-offices/veterans-services

Marion Transit

Public origin-to-destination transportation. Ask about eligibility, fares, accessibility and advance reservation rules.

Start here: Call an operator to arrange or cancel a ride. The website contact form does not reserve rides.

[352-620-3071](tel:352-620-3071) | 1101 SW 20th Court, Ocala

mariontransit.org/contact